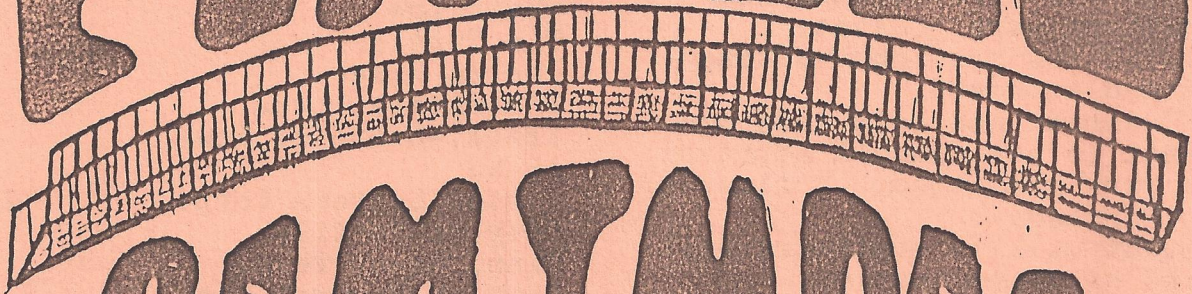


FERTILE



REMINDER WEEK

*October
1992*

*Artist
DeAnn Moman*

COMING EVENTS

October 5	7:00	Firemen Meeting
October 6	12:00	Senior Citizen Dinner
	7:00	Council Meeting
October 7		RECYCLE DAY
October 13	2:00	Fertile Garden Club
October 15	7:00	Library Board Meeting
October 17	6:00-12:30	Senior Citizens Fall Fair
	1:00	Girls 4-H Meeting
	1:00	Boys 4-H Meeting
October 19	2:00-4:00	Flu Shots for Senior Citizens Fertile Community Center
October 20	12:00	Senior Citizens Dinner
October 31	9:00-3:00	Brue's Wooden Crafts Sale Fertile Community Center
October 31		TRICKS OR TREATS

"Happy Halloween"



COUNCIL NEWS

The Fertile City Council met in regular session on Tuesday, Sept. 1, 1992. Mayor Nye presided and all council members were present.

Minutes of the previous meeting were read and approved.

Feggy Ouverson and Lois Anderson were present to ask council approval to form a park committee. Motion to approve. Carried.

Delinquent utility customers will be notified of disconnection.

Discussion on new copier. Committee will be set up to select a copier. Lois Anderson has the prices.

Letter was received regarding cost of Cable TV going up \$2.00. City received check from Vision Electronics for \$74.45 for the past six months use of Cable TV in the city.

Culvert and driveway have been finished at the lagoon and brush burned.

City truck has been repaired. Motion to pay monthly bills. Carried.

Discussion on raking leaves in the park this Fall and also in the Spring. Meeting adjourned.

Janice Hare
City Clerk

Next Council meeting will be Oct. 6.

NOTICE

A Park Committee is being formed with the intentions to improve and repair our park.

A long range plan is to restore the Veterans Memorial Statue.

The Fertile Lumber Yard has given us permission to put a temporary Christmas tree on their corner and we would like to decorate it with memory lights for this Christmas season.

Would you care to give a \$2.00 donation per light in memory of someone or even just from yourself. Our intentions are to have a permant tree some day and be lit each season.


A donation box has been placed in the Fertile Fertile Library if you would care to contribute. Please leave the name whom it has been given in memory of. You may give as many lights as you'd like. Make your check payable to the Fertile Reminder. The names will be printed in the Reminder.

AUGUST BALANCE SHEET
EXPENDITURES

Al Holland	\$800.00
David Low	301.41
Tim Tuttle	159.57
Janice Hare	257.08
Interstate Power	671.23
Treas.-State of Iowa	124.25
IPERS	82.22
Wastes Systems Corp.	1214.50
City of Fertile	25.50
Winn. Co-op Tele.	84.40
Peoples Natural Gas	25.50
Fertile Library	8.00
Hach Chemicals	56.35
Yelland & Hanes	16.74
Feed Rite Controls	30.00
Pronto Market	21.20
Marv's Service	30.88
Wastes System Corp.	632.00
Goldie Felland	30.82
U.S. Stamped Envelope Agny.	482.00
Total--	5053.73

Total Receipts--3023.93

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FERTILE LUMBER & HARDWARE

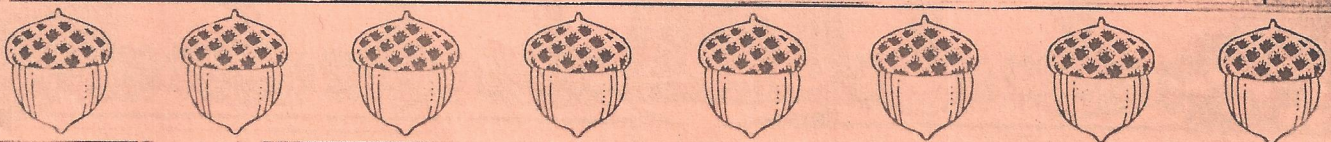
797-2437

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& WHOLESALE**

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A LOOK INTO THE PAST

The real fall is here at last. The calendar says September but we had fall weather all through the months of July and August, and our summer was back in May when we had 90 degree temperatures and a few hot days.

When we see the bright colors on children going their way to the school bus we know it is fall.

Many are the changes since the earlier years. Back in 1910 the children were walking to school, some one fourth mile and some two miles. It depended on how far they lived from the Country School in their district. A few years later they decided to dispense with district schools and Consolidated Schools were built in different towns and children were transported to their school by a team and covered wagon. The one at Fertile was called the Fertile Consolidated High School. It was very hard going for a team to pull a wagon loaded with children on the roads that we had at that time. A few were graveled but most of them were mud roads.

Later the roads got better and the busses were automobiles. A while later the schools in the small towns were put into a school in a little larger town. Fertile went to Forest City.

The corn husking has changed and in place of small farms, they are much larger corn fields. After a frost the corn stalks would turn yellow and then the corn was ready to pick. They then would go into the field with a team of horses and a wagon with two boxes and what they called a bang board on the top box to prevent the ears from going over as they threw them. The men wore a husking pin over their mitten and it would take the husk from the ear. Then the ear was broken from the stalk and thrown into the box. The load of corn was hauled to the corn crib and stored.

Now it has changed to a corn picker, a machine pulled by gas power. It is husked and broken from the stalk, shelled from the cob. The corn is run into a wagon box and hauled either to the house for storage or to the elevator to be sold.

There is always quite a large patch of potatoes planted. After the vines are dead in the fall, they are plowed out and have to be picked out of the dirt and put in the furrow to dry. Late in the afternoon they are picked into a wagon box and hauled to the house to be put in the cellar. There was usually enough to last until they grew the next year. Often the sprouts had to be broken off to keep them from growing.

Before the corn and potatoes were harvested, the apples were to be picked and each one wrapped separate and put in a barrel and either put in a cold room at home or taken to cold storage at Mason City. They were then brought home before Christmas and put in a cold room. The squash and pumpkins were put in the cellar and every Friday a kettle of pumpkin was cooked ready for pumpkin pies Sat. morning. There were no pies on the market. Life wasn't that easy, but it was lots of fun.

The only way you could keep cabbage was to tie a string on it and hang it up side down in the cellar. Whether you were Dutch or not you could smell cabbage cooking and enjoy it. Then, Hurrah for the fun! Everybody watched where the young chicken went to roost and everyone had to be caught and carried to the hen house where they were feed and watered and nests fixed for them to lay in. And it didn't make any difference if it was Tom, Dick or Harry you knew that coffee was ready when the job of catching chickens was finished.

All the pretty little birds were gone south and our winter friends were telling every household that the feeders were empty of suet and

and fall was here and time to be fed.

The acorns are the largest and most plentiful they have been for a long time. The squirrels are filling their pantry for winter. Days get light later in the morning and dark earlier at night.

Yes, it is fall. Everything tells us so may we have a nice fall and a late frost.

Violet Hall



Our sympathy to the family of Audrey (Kimble) Ferris who passed away in August. She and her husband lived in Red Oak, Iowa. She and her family lived in the Fertile area and she attended school here while in the grades.

Our sympathy is extended to the Randy Hayes family on the death of Randy's mother, Mary Jo Hayes, who passed away on September 12, 1992 in Fort Collins, Colorado.

Our sympathy is extended to Ruth Rhodes and her family on the death of her son Eldon Shepherd of Savanna, Ill. who passed away on September 17, 1992.

Our sympathy to the family of Ruth Back who passed away on September 6, 1992. She was 97 years of age. She and her husband Ted were former Fertile residents. Her neice Irma Brue lives in Fertile.

CONGRATULATIONS:

A son, Trevor Michael, was born on September 11, 1992 to Melinda and Mike Bartz of Northwood. Grandparents are Allen and Marsha Berg of Fertile.

A son, Thayer Thomas, was born on August 14, 1992 to Teresa and Tom Haugen of Chesapeake, Va. Grandparents are Dean and Carol Haugen of Fertile.

A daughter, Bethany Marie, was born on August 30, 1992 to Troy and Tricia Hall of Forest City, Iowa. Grandparents are Judy and Eugene Hall of Fertile. Great-grandmother is Esther Haugen of Fertile.

THANK YOU to everyone for the shower given in my honor, for the gifts I received and to everyone who helped in anyway to make this day special for me.

Joely Johnson

CONGRATULATIONS - to Jodie Ouverson on being chosen as a member of the Homecoming Royalty Court at Forest City High School. She is a daughter of Donna and Jerry Ouverson.

Joan E. Norem
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Lake Mills, Iowa 50450

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SENIOR CITIZENS - Nancy Faber is in charge of the Senior Citizens Flu program. Cost of the shots are \$7.00. Be at the Community Center between 2 and 4 on October 19, 1992.

On October 6th Julie Carla will speak on Health Care following the Senior Citizens dinner.



The common cold

How to avoid it, and what to do about symptoms when you catch a cold

Sir William Osler, the famous Canadian medical educator, once said, "There's only one way to treat the common cold — with contempt." More than 70 years have passed since that statement, but little has changed.

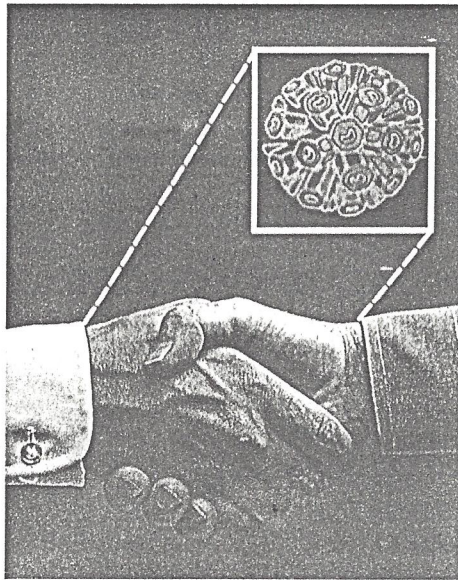
Although a cure remains elusive, today there are more options for relief from the familiar symptoms of the common cold — head and nose congestion, runny nose, sneezing, sore throat and coughing. And encouraging progress is being made in medicines that may someday help make colds less common.

What's a cold?

A cold is an inflammation of the upper respiratory tract caused by a viral infection. More than 200 different viruses cause colds. Often, the rhinovirus is the culprit (see illustration). Rhinoviruses account for 30 to 50 percent of adult colds.

How do you catch a cold?

The ways in which you catch and spread colds are fraught with folklore and misconception. (See "Cold quiz," page 3.) In reality, colds usually spread by simple hand-to-hand contact with another person, or with inanimate objects such as door knobs and telephones. People



Politicians take note. Hand-to-hand transmission of virus-contaminated nasal secretions spreads most colds. A common culprit: the rhinovirus, inset, shown here enlarged 2 million times.

with colds often touch their noses, contaminate their hands and then unknowingly infect others.

Whether you'll come down with a cold once infected depends on many factors. Age, genetics, cigarette smoking, intensity and duration of exposure, and whether you've developed antibodies to that particular virus all play a part in your personal susceptibility to colds.

Researchers have linked psychological stress to an increased incidence of colds. Stress may suppress your body's natural immunity. But this remains to be proven.

Medications offer only temporary relief

When a cold or cough strikes, most Americans turn to their medicine chests, not their doctors. Con-

sumers spend more than \$1 billion every year on nonprescription treatments for coughs and colds — outnumbering prescription drugs by more than two to one. Still, these products can only help relieve symptoms temporarily.

To help you sort through the array of products available, here's an explanation of what some of them can and can't do:

■ **Antihistamines** — Antihistamines decrease nasal secretions by blocking the effects of a substance called histamine, which causes swelling of small blood vessels, resulting in cold symptoms such as sneezing and a runny nose. Caution: An antihistamine may make you drowsy.

■ **Decongestants** — Decongestants shrink nasal blood vessels. This relieves swelling and congestion caused by colds.

Decongestants often are combined with a pain reliever (analgesic) for temporary relief of headache pain.

■ **Cough medicines** — Coughs from colds are typically caused by airways irritated by increased mucus or postnasal drip. A productive cough brings up phlegm (mucus). A nonproductive (dry) cough doesn't.

Use a cough medicine when your cough is nonproductive, or when it disrupts your sleep or work. Choose from two types: expectorants and antitussives.

Expectorants make coughs more productive by increasing the volume of phlegm and decreasing its thickness. This helps remove irritants from the respiratory airways.

Hope for making colds less frequent

Cold medications can make you more comfortable while you wait for your body to fight off the infection. But the real hope for relief lies in research that focuses on preventing the spread of the rhinovirus. Here are areas that show promise:



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WORSLEY ELECTRIC 797-2494

Complete Electrical Service
Repair and Sales on
Motors and Katolight Generator

Fertile Public Library

Check it out!

NEWSLETTER

Thank You to Wayne & Janet Humphrey of Deming, New Mexico for the book on baseball in memory of Michael S. Humphrey, who loved to play sports.

On Oct. 31 for Halloween, the library will have a costume party at 10am Saturday morning. There will be prizes for best costume & door prizes. There will be scary stories & games to play. Hope to see you there.

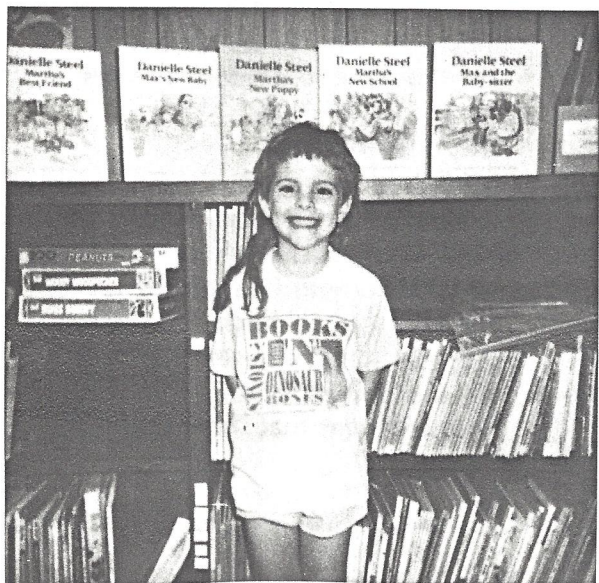
NEW BOOKS

- The Measure of the Heart by Janette Oke
- The Year of the Grizzly by Brock & Bodie Thoene
- A Thousand Shall Fall by Bodie Thoene
- The Final Adversary by Gilbert Morris
- Travail & Triumph by Michael Phillips & Pella
- Into the Long Dark Night by Michael Phillips
- Colony by Anne Rivers Siddons
- Seven For a Secret by Victoria Holt
- Tangled Vines by Janet Dailey
- Gerald's Game by Stephen King
- Why Didn't They Ask Evan's ? by Agatha Christie
- Stories I Couldn't Tell While I Was a Pastor by McIver
- Beating the Winter Blues by Claudia Arp
- Hummingbird by LaVyrle Spencer
- New Books by Pike, Stine, Dixon, Keene, Cooney, Pascal, Martin, Baer, Lois Walfrid Johnson, & Grace Livingston Hill.
- New cassette books for kids by Disney
- Cassette book by Janet Dailey Heiress
- Cassette book by John Jakes California Gold

Library Hours:

- Monday 2 - 8 pm
- Wednesday 1 - 8 pm
- Friday 1 - 5 pm
- Saturday 9 - Noon
- It's Okay to Get Smart With Us!

- NEW VIDEOS----
- 1-9 series of McGee & Me
 - Jimmy & the White Lie
 - Destructive David
 - Selfish Sally
 - Freedom is
 - Truce in the Forest
 - Waiting For the Wind
 - David & Goliath series



Laura Pederson was the winner of the "Book n' Stones n' Dinosaur Bones Summer Reading Program" State T-Shirt given by the Fertile Library.

NOTICE

RE: FAMILY FARM TAX CREDIT

The deadline for signing up is October 15, 1992.

Farmers check at the Assessor's Office to see if you are eligible.

THIS MUST BE SIGNED ANNUALLY.

Don't miss it !!!!!!!!!!!!!!!!!!!!!!!

NOREEN L. GROE
WORTH COUNTY ASSESSOR

Worry is like a rocking chair It gives you something to do, But doesn't get you anywhere.



*This is me and my dog
Who am I??*



KIDS CORNER COLOR BY NUMBER

- 1. Pink
- 2. Light Brown
- 3. Gray
- 4. Red



RIDDLES

1. Why can't a nose be 12" long?
2. How many ants will make a landlord happy?
3. When should you go to bed?
4. What word do you always pronounce wrong?
5. If a car has a horn but no wheels-how can it go?
6. What's a sure way to double your money?

*Close Out = _____
all greeting cards 1/2 price
at
Fertile Lumber Yard!*

Imagination is something that sits up with Dad and Mom the first time their teen-ager stays out late.

LIBERTY BANK & TRUST
896-2265
LIBERTY

1. Because it would be a foot.
2. Ten-ants.
3. When your bed won't come to you.
4. "Wrong"
5. Keep, keep!
6. Fold it.

ANSWERS TO RIDDLES

HINTS

When boiling anything on the stove put a small amount of oil around the top of the pan or pot. This will keep the liquid from boiling over.

Use a potato peeler to cut cheese into strips for salads and other garnishings.

BEST DOUGHNUTS Makes 3 dozen

- 3 T shortening
- 3/4 cup sugar
- 2 eggs well beaten
- 3/4 c milk
- 3 1/2 c flour
- 1 tsp. salt
- 5 tsp. baking powder
- 1 tsp. cinnamon
- 1/2 tsp. nutmeg

Recipe

Cream shortening and sugar; add eggs and beat well; add milk, then flour sifted with salt, baking powder, and spices. Roll on lightly floured surface 3/8 inch thick. Cut with floured doughnut cutter. Let stand 15 minutes, fry in deep hot fat (375°) until brown, turning once. Drain on absorbant paper.

Grandma Zobel



Pronto - Fertile



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8 A.M. - 8 P.M. Sun.

New Everyday Low Price

Milwaukee's Best Beer \$4.29
Reg. or light 12pk Cans plus deposit

Specials Good 9-22 to 10-6

7-up, Diet 7up 6pk cans

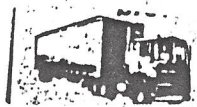
Dr. Pepper & A+W Rootbeer \$1.79 plus deposit

Nestle Crunch

Butter finger King 69¢

Baby Ruth size plus Candy Bars Tax

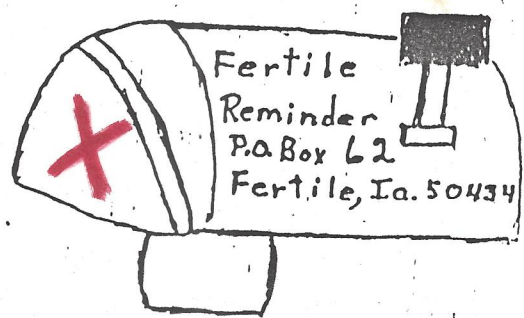
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FOR SALE: 30" Magic Chef self cleaning electric stove. White. Excellent condition. 797-2783.

The mystery photo is Tom Sheimo



An explanation to the X on your mail box. If an X appears in your mail box your Reminder has expired. We would appreciate a donation.



Andy Oswald
RR 1
Hanlontown, IA 50444